

**Sree Chitra Tirunal Institute for Medical Sciences & Technology,**

**Thiruvananthapuram-695011**

**WRITTEN TEST – Receptionist-cum-Social Worker—A**

**19<sup>TH</sup> JUN 2012**

**Roll Number: .....**

- 1) Which among these is NOT a public health programme?
  - a. IPPI
  - b. RNTCP
  - c. FLEP
  - d. NACO
  
- 2) DOTS stands for
  - a. Direct Oral Tuberculosis Services
  - b. Direct Oral Tuberculosis Short course
  - c. Directly Observed Treatment Short course
  - d. Directly Observed Tuberculosis Short course
  
- 3) Emergency outreach services for children in distress is rendered through the “child line” with toll free number
  - a. 1096
  - b. 1097
  - c. 1098
  - d. 1099
  
- 4) One of the objectives Integrated Child Protection Schemes(b009-b0a0) is:
  - a. Reducing infant mortality rate
  - b. Complete abolition of child labour
  - c. Web enabled child protection management system
  - d. Achieving 100% civil registration of births
  
- 5) Juvenile means :
  - a. A boy or girl less than 15years of age
  - b. A boy less than 16years and a girl less than 18 years
  - c. A boy less than 18years and a girl less than 16years
  - d. A child less than 18 years
  
- 6) Which of the following research designs CANNOT have a hypothesis?
  - a. Explanatory
  - b. Descriptive
  - c. Experimental
  - d. Exploratory
  
- 7) The group, whose members are working together to attain a specific objective with which each is concerned is called \_\_\_\_\_
  - a. Friendship group

- b. Interest group
- c. Informal Group
- d. Specific group

8) Which of these descriptions do not apply to family

- a. socializing agent
- b. created group
- c. primary group
- d. closed group

9) The book "Social change" was written by

- a. Andre Beteille
- b. Mary Richmond
- c. Leslie White
- d. Wilbert Moore

10) The Central Social Welfare Board was established during the year.....

- a. 1953
- b. 1954
- c. 1955
- d. 1960

11) The nutrient connected with the immune mechanism of the body is

- a. Protein
- b. Calcium
- c. Vitamins
- d. Carbohydrates

12) Psychology is the study of

- a. human mind
- b. human behaviour
- c. human problems
- d. human relations

13) What defense mechanism is used to enhance one's self esteem?

- a. Rationalisation
- b. Regression
- c. Displacement
- d. Compensation

14) "Criss cross inheritance " is a term associated with

- a. Epilepsy
- b. Blood group
- c. Mental retardation
- d. Haemophilia


15) Which among these is NOT a function of Primary Health Centre

- a. Safe water supply and basic sanitation

- b. Family Planning
  - c. Blood storage facility
  - d. Basic Laboratory services
- 16) -----is celebrated as "World Health Day"
- a. 1<sup>st</sup> December
  - b. 7<sup>th</sup> April
  - c. 5<sup>th</sup> August
  - d. 8<sup>th</sup> March
- 17) What is currently the priority preventive programme of WHO
- a. Preventing maternal mortality
  - b. Immunization against common diseases of childhood
  - c. Prevention of HIV
  - d. Prevention of mental retardation
- 18) Rosenberg Scale is used to measure one's
- a. Attitude
  - b. Anxiety
  - c. Self-esteem
  - d. Self-growth
- 19) Mary Richmond's book "Social Diagnosis" was the first book on
- a. Social Work
  - b. Case work
  - c. Social change
  - d. Social Intervention
- 20) Post-partum programme was introduced in 1969 to
- a. canvas hospital based family planning for women who came to hospital
  - b. Care for women after delivery
  - c. To care for mother and child after delivery
  - d. To care for women who have undergone abortion
- 21) Who broke the chains off the mentally ill in the asylums in \_\_\_century?
- a. Philip Paniel
  - b. John Howard
  - c. John Augustus
  - d. Robert Pierce
- 22) The 1<sup>st</sup> Medical Social Worker was appointed in JJ Hospital ,Mumbai in
- a. 1940
  - b. 1943
  - c. 1946
  - d. 1949
- 23) Humanistic Psychology was contributed by
- a. Adolf Meyer

  
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- b. Abraham Maslow
  - c. Victor Frankl
  - d. Carl Gustav Jung
- 24) Which of these is NOT correct about neurosis
- a. Presence of insight about the symptom
  - b. Presence of contact with reality.
  - c. Absence of organic causative factors
  - d. Presence of somatic passivity.
- 25) "Flooding" is a therapy used in the treatment of
- a. Anxiety
  - b. OCD
  - c. Phobia
  - d. Psychosomatic disorders
- 26) Alcohol dependence syndrome is a result from fixation at
- a. Oral phase
  - b. Anal phase
  - c. Latency phase
  - d. Genital phase
- 27) Likert-type scale is a
- a. Arbitrary scale
  - b. Cumulative scale
  - c. Differential scale
  - d. Summative scale
- 28) Which among these is NOT a problem encountered in using Questionnaires in data collection?
- a. high incidence of non-response
  - b. wider representative distribution of sample
  - c. can be used only with respondents who are literate and cooperative.
  - d. the identity of the respondent is not known
- 29) Which among these is a projective technique of data collection?
- a. Structured observation
  - b. Focus group discussion
  - c. Play technique
  - d. Content analysis
- 30) Which of these statements is FALSE?
- a. Sociometry is a direct method of data collection
  - b. Sociometry studies the underlying motive of respondents
  - c. Sociogram is used in sociometry
  - d. Sociometry was invented by Moreno

  
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- 31) According to whom is group work an educational process?
- Klein
  - Konopka
  - Moreno
  - Coyle
- 32) In group psychotherapy,
- goals are used
  - members are carefully selected based on diagnostic evaluation and treatment plans
  - leadership is largely absent
  - the focus is on promoting individual personality growth along with the group's social development
- 33) According to the remedial model of group work, role of a group worker is that of a
- Change agent
  - Influence person
  - Mediator
  - Counsellor
- 34) The involitional changes in life involving regression to earlier stages are the natural accompaniment of
- Sickness
  - Aging
  - Hopelessness
  - Depression
- 35) The period during old age when mental and physical decline is slow and gradual is called
- senescence
  - senility
  - systematic decline
  - sensory loss
- 36) Which is NOT a characteristic of a leader?
- taking more initiatives
  - new neurotic tendencies
  - introverted
  - being resourceful
- 37) A secondary sexual development specific to boys during puberty
- skin becomes thicker and sallow
  - appearance of pubic hair
  - more active sebaceous glands
  - huskiness and breaks in the voice
- 38) One of the factors affecting the self-concept in late childhood is
- nicknames
  - sibling friction

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- c. step parents
  - d. religion
- 39) One of the social hazards in childhood is
- a. no internal control over their behavior
  - b. dominance of the unpleasant emotions like anger
  - c. use of imaginary friends
  - d. making critical and derogatory comments on others
- 40) "Toy age" usually refers to
- a. Early childhood
  - b. Baby-hood
  - c. Infancy
  - d. Late childhood
- 41) Which among these is **NOT** a purpose of family planning
- a. avoiding unwanted pregnancy
  - b. birth control
  - c. spacing of child birth
  - d. medical termination of pregnancy
- 42) Which among these is generally not advisable for people with epilepsy?
- a. getting married
  - b. lack of sleep
  - c. travelling alone
  - d. studying or holding a job
- 43) The criteria for giving CATEGORY II of TB treatment is:
- a. TB occurring in any other part of the body except lungs
  - b. Default or relapse of already treated patients
  - c. Patient has developed drug resistance for CAT I
  - d. Patient is a child less than 14 years of age
- 44) Management of diabetes does not include
- a. Salt restricted
  - b. Regular exercise
  - c. Carbohydrate restricted diet
  - d. Regular foot care
- 45) Poor visual-spatial skills , "mirror writing" , right-left disorientation are some of the features of
- a. Autis
  - b. dyslexia
  - c. mild mental retardation
  - d. dyslalia
- 46) All the following are effective in treating behavioural disorders in children except
- a. family therapy

- b. individual psychotherapy
  - c. medication
  - d. ECT
- 47) Most common behavioural disorder seen among adolescent boys is
- a. lying
  - b. suicide
  - c. hyperactivity
  - d. tyranny
- 48) Which among these is not a characteristic of sexual abuse among children?
- a. abuser is usually a known male
  - b. leads to anxiety , phobias, depression in later years
  - c. only girls are common victims
  - d. mostly among children who are among 9-12 years of age
- 49) Which of these is false about narcissistic personality disorder?
- a. they are very good at relationship with others
  - b. they are ambitious to achieve name,fame and fortune
  - c. they feel entitled to favourable treatment and complements
  - d. they have very little capacity in handling criticism
- 50) What is an Ego defence mechanism:
- a. Part of the Ego state that prevents rational thinking.
  - b. Part of the unconscious that attempts to control unacceptable Id influences.
  - c. Part of the Ego state designed to reduce barriers.
  - d. Part of the Ego state that aids development.
- 51) An example of classical conditioning is:
- a. Rat presses lever for delivery of food.
  - b. Dog learns to salivate on hearing bell.
  - c. Pigeon pecks at key for food delivery.
  - d. Dogs learn helplessness from electric shocks.
- 52) Operant conditioning:
- a. Represents learning using autobiographical memory.
  - b. Represents learning of specific behaviour through reward and reinforcement.
  - c. Represents learning through pairing of stimulus and response.
  - d. Represents learning through using repetitive stimuli.
- 53) Which one of the following would a client centred therapist use?
- a. Racket system.
  - b. Desensitisation.
  - c. Empathy.
  - d. Ego states.
- 54) Free association is a basic technique in
- a. Psychoanalysis.


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- b. Action therapy.
  - c. Logotherapy.
  - d. Directive therapy
- 55) Cognitive therapists are interested in
- a. Only maladaptive actions.
  - b. Unconscious thoughts of sex and aggression.
  - c. What people think, believe, and feel.
  - d. Only visible behaviors.
- 56) Behavior modification involves
- a. Applying non-directive techniques such as unconditional positive regard to clients.
  - b. Psychoanalytic approaches to specific behavior disturbances.
  - c. The use of learning principles to change behavior.
  - d. The use of insight therapy to change upsetting thoughts and beliefs.
- 57) Carl Rogers is responsible for
- a. Client-centered therapy.
  - b. Psychoanalysis.
  - c. Directive therapy.
  - d. Existential therapy.
- 58) Which form of therapy places responsibility for the course of therapy on the client?
- a. Insight therapy
  - b. Action therapy
  - c. Directive therapy
  - d. Non-directive therapy
- 59) Which of the following is identified with client-centered therapy?
- a. Providing advice, setting goals, and giving interpretations
  - b. Dream analysis, transference, and analysis of resistance
  - c. Unconditional positive regard, empathy, authenticity, and reflection
  - d. Goal-setting, desensitization, modeling, and recentering
- 60) Kurt Lewin:
- a. developed a theory which stimulated a great deal of research.
  - b. felt that real-world problems were the only ones worth studying.
  - c. published a large number of studies in social psychology.
  - d. was a notoriously bad trainer of graduate students.
- 61) Mary Richmond's 'Social Diagnosis' can be considered as the first book of
- a. Social Group work
  - b. Social and Preventive Medicine
  - c. Social Case work
  - d. Social Action
- 62) Right to Information Act was passed in the year:
- a. 2006

  
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- b. 2004
  - c. 2005
  - d. 2003
- 63)** Appointing trained Medical Social Workers in hospitals in India was strongly recommended in 1945 by
- a. Bhore committee
  - b. Lahare committee
  - c. Banerjee committee
  - d. Takrae committee
- 64)** Holistic health adds which element to the World Health Organization definition of health?
- a. Physical
  - b. Mental
  - c. Spiritual
  - d. Social
- 65)** What is palliation?
- a. Pain and symptom management
  - b. Psychosocial support
  - c. A surgical intervention
  - d. Bed rest
- 66)** The book "Social Case Work- A problem solving approach" is written by
- a. Grace Mathew
  - b. Erik Erikson
  - c. Rane Aagarwal
  - d. Helen H Perlman
- 67)** Relaxation Therapy was introduced by?
- a. Arthur Dunham
  - b. Eric Berne
  - c. Jacobson
  - d. Grace Mathew
- 68)** Which is the International year of the Disabled?
- a. 1991
  - b. 1999
  - c. 1981
  - d. 1987
- 69)** Who introduced the concept of "Social Medicine"
- a. Rene Sand
  - b. Newmann
  - c. Jules Guerin
  - d. Grotjahn

  
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- 70) Which of the following is not primary prevention?
- Pulse Polio Immunization
  - Vitamin A Supplementation
  - Breast self-examination for tumour
  - Isonisid to a baby breast fed by a sputum positive tubercular mother
- 71) Choose the correct sequence in order of occurrence
- Disease – Disability- Impairment- Handicap
  - Disease- Impairment- Handicap- Disability
  - Handicap- Disease- Impairment- Disability
  - Disease-Impairment- Disability- Handicap
- 72) Social learning involves
- Free association
  - Imitation
  - Extinction
  - Projection
- 73) Personality has been described in terms of traits by
- Cattell
  - G.W.Allport
  - W.H.Sheldon
  - Karen Horney
- 74) Erikson's stages of psychosocial development consists of
- 5 stages
  - 9 stages
  - 8 stages
  - 7 stages
- 75) Diagnostic School of Social Case Work was developed by
- Freud
  - Rank
  - Mead
  - Jung
- 76) Principle of self-determination in social work means to
- Take decisions after due consideration of all factors
  - Behave without any restraints
  - Act in the best interest of one's own self
  - Impose one's own will on others
- 77) Role of a case worker is to
- Raise funds for client
  - Visits the client often
  - Development of understanding in a client
  - providing employment to the client

  
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- 78) Which of the following disease has the maximum impact on quality of life of an individual
- a. rheumatoid arthritis
  - b. osteoarthritis
  - c. septic arthritis
  - d. osteonecrosis
- 79) Prevention of Immoral Traffic Act was in
- a. 1965
  - b. 1956
  - c. 1954
  - d. 1911
- 80) The process of destruction or removal of all microbial forms
- a. antiseptics
  - b. sterilization
  - c. disinfection
  - d. cleaning

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**Signature of the candidate**

  
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